



## COVID-19 *Return to Play* Guidelines – Winter Indoor 2020/2021(Revised 12/1/20)

In The Net is striving for the opportunity for its athletes and their families to *Return to Play*. In effort to *Return to Play* safely the following guidelines have been created. All players, coaches, and attendees are required to adhere to the guidelines outlined below for activities held at In The Net. All participation is voluntary for players, coaches, and spectators. Players, coaches, and spectators should attend at their own discretion.

**DISCLAIMER: Participants, Parents, family and spectators engaging in activities at In The Net Sports Complex do so with knowledge of the risk and potential exposure involved and agree to accept any and all inherent risks to their personal health.**

### **General**

- Staff, Instructors, Coaches, Players and Spectators should follow guidelines put in place by the CDC, Federal, State and local government and In The Net
- Social distancing must be practiced at all times while on the premises of In The Net
- Masks are required to be worn at all times when indoor any facility by all individuals. In The Net will follow the Pennsylvania Department of Health Universal Masking Order for athletes
  - <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Guidance/Universal-Masking-FAQ.aspx>
- Hand Sanitizer stations are provided near the facility entrances/exits, concession stand and restrooms. It is suggested that all individuals also bring their own hand sanitizer for individual use.
- Individuals should complete self-conducted wellness checks daily. Individuals experiencing COVID-19 symptoms should seek medical attention immediately, and not attend activities

### **Pre-Game & Game Play**

- We ask that you not arrive at the field/complex more than 15 minutes prior to game time
- Players must provide their own equipment and water bottle. These items may not be shared. Equipment and water bottles must remain in player bag when not in use
- Group celebration (high fives, handshakes, fist bumps, team huddles) are not permitted. End of game handshake is not permitted.
- Teams should exit the field in a timely fashion at the completion of the game

### **Spectators**

- Spectators are not permitted to attend practices except when accompanying participants 10 years and younger
- Spectators are limited to 1 spectator per 1 participant during competition

### **Concessions**

- The menu at concession stand(s) may be limited
- Water fountains will be disabled, please ensure you supply your own water container